

Zone Theory Exam

May 2019

Technical Specs				
	Question	Answer	Rule	Marks
1	What is the length of the side line? (a) 30.5m (100ft) (b) 3.50m (11.48ft) (c) 3.25m (10.66ft)	(a) 30.5m (100ft)	3.1	1
2	What is the name of the two shorter sides at the end of the court? (a) Base Line (b) Goal Lines (c) Transverse Lines	(b) Goal Lines	3.1	1
3	The Goal Post is covered with padding and should not be more than. (a) 65mm 2.5in, (b) 38mm (1.5in) (c) 50mm (2in) thick	(c) 50mm (2in)	3.2 (i) (c)	1
4	White GS misses her shot at goal and the ball rebounds from the net. White GS gets the rebound and shoots successfully for goal.			
4a	What is the Infringement? (a) No Infringement (b) Replayed Ball White GS	(a) No Infringement	3.2 (iv) 9.4.1 (c)	1
4b	What is the Sanction and/or Action? (a) Award a free pass to Black where White GS caught the ball and shot for Goal (b) Award a Penalty Pass to Black where White GS caught the ball and shot for Goal (c) Let Play Continue, Count Goal	(c) Let Play Continue, Count Goal	3.2 (iv) 9.4.1 (c)	1
5	A rebound from a shot at goal is caught by the Black GS who lands on the Goal Line and shoots successfully for Goal.			
5a	What is the Infringement? (a) No Infringement (b) Out of court Black (c) Replayed ball Black GS	(a) No Infringement	3.1.1 (vi) 10.2(i) (a)	1

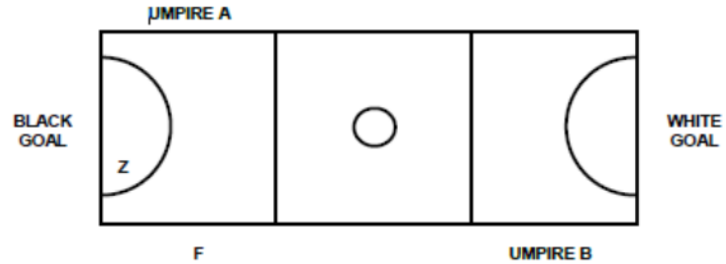
5b	What is the Sanction and/or Action? (a) Free Pass to White where Black GS shot for Goal, Discount Goal (b) Let Play Continue, count goal (c) Throw in White	(b) Let Play Continue, Count Goal	3.1.1 (vi)	1
Match Personnel				
	Question	Answer	Rule	Marks
6	How many Scorers are there in a match? (a) 2 (b) 3 (c) 4	(a) 2 scorers	5.3	1
7	When do the Umpires toss for goal ends? (a) After the captains have notified the result of the toss for goal ends or first centre pass (b) Before the start of play (c) When the teams have taken the court	(a) After the captains have notified the result of toss for goal ends or first centre pass.	5.2.1 (i)	1
8	The Umpire winning the toss controls which side of the court. (a) The side line nearer the official bench (b) The goal end to the left when facing the court	(a) The side line nearer the official bench.	5.2.1.(i)	1
9	Who may the umpires request to speak to an on-court player? (a) Coach (b) Captain (c) Manager	(b) Captain	5.1.1 (v) (c)	1
10	Who are the match officials? (select all that apply) Drag and drop the correct answer(s) into the grey box below. (a) Umpires (b) Reserve Umpire (c) Scorers (d) Timekeepers	(a) Umpires, (b) Reserve Umpire	5.2	2

11-12

MATCH PERSONNEL

This section of the exam tests your knowledge around the team, match officials and technical officials.

Refer to the diagram below for questions 11 and 12



11. Black has the first Centre Pass at the start of a game.

11a. Which Umpire starts play?

- Umpire A
- Umpire B

11b. Which Umpire would take a Toss Up at Point Z?

- Umpire A
- Umpire B

12. White scores the first goal. Which Umpire is responsible for the following?

12a. Restarting play?

- Umpire A
- Umpire B

12b. Ruling out of Court at Point F?

- Umpire A
- Umpire B

See green ticks in image

4




Starting Play

Question

Answer

Rule

Marks

13 a,b,c	<p style="text-align: center;">STARTING PLAY</p> <p style="text-align: center;"><i>This section of the exam tests your knowledge of the rules at the start of play and during the match.</i></p> <p>13. Determine whether each image correctly demonstrates conditions for controlling the centre pass.</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p>(a) </p> <p><input type="radio"/> Correct </p> <p><input checked="" type="radio"/> Not Correct </p>  </div> <div style="text-align: center;"> <p>(b) </p> <p><input type="radio"/> Correct </p> <p><input checked="" type="radio"/> Not Correct </p>  </div> <div style="text-align: center;"> <p>(c) </p> <p><input type="radio"/> Correct </p> <p><input checked="" type="radio"/> Not Correct </p>  </div> </div>	See green ticks in image		3
14	When must players take the court before the start of play.? (a) 30 seconds before play starts (b) 60 seconds before play starts (c) 10 seconds before play starts	(c) 10 seconds before play starts	8.1 (i) (a)	1
15	White GK retrieves the ball from behind the Goal Line and passes the ball to White GD for a Throw In. White GD throws the ball in to the White WA before White GK has re-entered the court.			
15a	What is the Infringement? (a) Not ensuring all players are on court at a throw in White GD (b) No Infringement (c) Delaying Play White GK	(a) Not ensuring all players are on court at a throw in White GD	8.4.1 (i) (b)	1

15b	What is the Sanction and/or Action? (a) Let Play Continue (b) Award Throw in to Black from original Throw in Point	(b) Award Throw in to Black from original Throw in Point	8.4.1 (i) (b)	1
Match Procedures				
	Question	Answer	Rule	Marks
16	Which Umpire is responsible for any infringements by the centre taking the centre pass and any opponent defending the pass? (a) The umpire into whose half the ball is going (b) The umpire controlling the centre pass	(b) The umpire controlling the centre pass.	6.1.1 (v)	1
17	Who is responsible for notifying the teams when there are 30 seconds and 10 seconds before the start of a quarter/half? (a) Timekeepers (b) Reserve Umpire (c) Scorers (d) Umpires	(d) Umpires.	6.1.1 (i)	1
18	Umpires do not have to hold time when cautioning a player. (True/False)	FALSE	6.1.6 (i)	1
19	Both Umpires indicate the direction of play after a goal has been scored. (True/False)	TRUE	6.1.1 (iv)	1
20	The Umpire steps onto the court to gain a better view. The umpire knocks into Black WA who is moving to catch the ball, preventing them from catching it.			
20a	What is the Infringement? (a) No Infringement (b) Interference by Umpire (c) Player cannot interfere with the umpire's actions	(b) Interference by the umpire.	6.1.2(ii)	1
20b	What is the Sanction and/or Action? (a) Let Play Continue (b) Penalty Pass Black on court where umpire knocked the Black WA (c) Free Pass Black on court where the umpire knocked into the Black WA	(d) Free Pass Black where Umpire knocked into Black WA	6.1.2(ii)	1

During the Match				
	Question	Answer	Rule	Marks
21	Substitutions and team changes can happen when play is stopped for Blood (True/False)	TRUE	9.1 (i) (b)	1
22	A late player can enter the court as soon as they arrive at the game. True/False	FALSE	9.2 (i) (ii) (iii) (a) (b) (c)	1
23	The coach is allowed to call for a stoppage when a player is hurt. True/False	FALSE	9.3 (i)	1
24	The Umpire can hold time or extend an interval if appropriate. True/False	TRUE	9.3.2 (i)	1
25	The Umpires may authorise other persons to assist the injured player from the court if needed. True/False	TRUE	9.3.1 (v)	1
26	Black C falls to the ground. The ball is loose close to her. Black C reaches out and rolls the ball to herself, regains her footing without stepping and passes the ball to her Black WA.			
26a	What is the Infringement? (a) No Infringement (b) Gaining possession of the ball while on the ground Black C (c) Replaying the ball	(b) gaining possession of the ball while on the ground Black C	9.4.1 (v) (a)	1
26b	What is the Sanction and/or Action? (a) Let Play Continue (b) Free Pass White where Black C gained possession of the ball while on the ground (c) Penalty Pass White where Black C rolled the ball to herself	(b) Free Pass White where Black C rolled the ball to herself.	9.4.1(v) Sanction	1
27	White GK defending correctly makes it difficult for the Black GA to pass the ball. At three seconds Black GA passes the ball to Black C.			
27a	What is the Infringement? (a) No Infringement (b) Held Ball Black GA (c) White GK must allow Black GA to pass the ball	(b) Held Ball Black GA.	9.4.1 (ii) (c)	1
27b	What is the Sanction and/or Action? (a) Let Play Continue (b) Free Pass White where Black GA held the ball (c) Penalty Pass White where Black made it difficult for Black GA to pass the ball	(b) Free Pass White where Black GA held the ball	9.4.1 (ii) (c) Sanction	1
28	White WA and Black C are both contesting a loose ball that is rolling along the ground. White WA deliberately kicks the ball and it goes out of court and hits the Umpire.			

28a	What is the Infringement? (a) No Infringement (b) Out of court White (c) Deliberately kicking the ball White WA (d) Out of court Black (e) Interference by the Umpire	(c) Deliberately kicking the ball White WA	9.4.1 (iv) (a)	1
28b	What is the Sanction and/or Action? (a) Throw in Black near where the ball hit the Umpire (b) Throw in White near where the ball hit the Umpire (c) Free pass White near where the ball was kicked (d) Free pass Black near where the ball was kicked (e) Let Play Continue	(d) Free Pass Black near where the ball was kicked.	9.4.1 (iv) Sanction	1
29	Black GK overbalances and leans on the goalpost to catch a rebound from an unsuccessful shot at goal. Black GK passes to Black WD			
29a	What is the Infringement? (a) No Infringement (b) Using goalpost to regain balance Black GK	(b) Using Goal Post to regain balance Black GK.	9.4.1 (vi)	1
29b	What is the Sanction and/or Action? (a) Let Play Continue (b) Free Pass White where Black GK used the Goal Post	(b) Free Pass White where Black GK used the Goal Post.	9.4.1 (vi) Sanction	1
Sanctions				
	Question	Answer	Rule	Marks
30	Black GD is penalised for footwork in the Goal Circle. White GA takes the pass and shoots successfully for goal.			
30a	What is the Infringement? (a) No Infringement (b) Shooting from a Free Pass White GA	(b) Shooting from a Free Pass White GA	7.1.2	1
30b	What is the Sanction and/or Action? (a) Let Play Continue (b) Free Pass to Black where White GA shot for Goal, Discount Goal (c) Penalty Pass Black where White GA shot for goal	(b) Free Pass Black where White GA shot for goal,	7.1.2	1

		discount goal		
31	Black WD is penalised for Obstruction. Black WD stands out of play and talks to the Black C about her sore foot.			
31a	What is the Infringement? (a) No Infringement (b) Black WD taking part in play while penalised	(b) Black WD taking part in play while penalised.	7.1.3 (i) (c)	1
31b	What is the Sanction and/or Action? (a) Let Play Continue (b) Free Pass to White where Black WD was standing, (c) Award a further Penalty Pass to White where Black WD was standing .	(c) Award a further Penalty Pass to White where Black WD was standing .	7.1.3 (i)(c) Sanction	1
32	Select the correct sanctions used in the game (select all that apply). Drag and drop the correct answer(s) into the grey box below (A) Penalty Pass or Shot (b) Throw In (c) Free Pass (d)Penalty Pass	(c) Free Pass, (d) Penalty Pass.	7.1 (i)(ii)	2
Game Management				
	Question	Answer	Rule	Marks
33	A decision to suspend a player is binding on the co-umpire. (True/False)	TRUE	13.1 (II)	1
34	A player that has been suspended will sit at the Umpires bench. (True/False)	TRUE	13.1.2 (III)	1
35	Black GK defending from the correct distance, waves her hand in front of White GA's eyes making it difficult for White GA to see the Goalpost.			
35a	What is the Infringement? (a) No Infringement (b) Intimidation Black GK (c) Obstruction Black GK	(b) Intimidation Black GK	13.2.1 (v)	1
35b	What is the Sanction and/or Action? (a) Penalty Pass White and Black GK is cautioned, (b) Penalty Pass White where Black GK was standing (c) Let Play Continue	(a) Penalty Pass White and Black	13.2.1 (v) Sanction	1

		GK is cautioned		
36	White C is penalised for contact in the Centre Third. White C disagrees with the decision and directs inappropriate comments at the umpire.			
36a	What is the Infringement? (a) Foul Play - Unfair play White C (b) Misconduct - Dissent with an Umpire White C (c) Misconduct - Actions contrary to good sportsmanship White C	(b) Misconduct - Dissent with an Umpire White C	13.2.3	1
36b	What is the Sanction and/or Action? (a) Penalty Pass Black where White C disagreed with the Umpire's decision and the player is issued with a caution (b) Penalty Pass Black where the White C disagreed with the umpires' decision and the player is either cautioned or given an official warning. In a serious case the Umpire will suspend the player (c) Penalty Pass Black which is advanced (unless the non-offending team is disadvantaged) and White C is cautioned	(b) Penalty Pass Black where the White C disagreed with the Umpire's decision and the player is either cautioned or given an official warning. In a serious case, the umpire will suspend the player.	13.2.3(i) Sanction	1
37	White C is suspended for rough play and during the suspension time there is an interval and White C joins the team for a team talk.			
37a	What is the Infringement? (a) White C must stay seated at the umpire's bench (b) White C may not take part at the interval during the suspension time (c) No Infringement	(c) No infringement	13.1.2(vii)	1
37b	What is the Sanction and/or Action? (a) Advise White C to return to her seat (b) Let Play Continue	(b) Let Play Continue.	13.1.2(vii)	1

	(c) Add further time to the suspension period			
Scoring a Goal				
	Question	Answer	Rule	Marks
38	Black C passes the ball to Black GS who has jumped in the air to receive the pass and lands in the Goal Circle. Black GS bats the ball through the goal ring. White GK catches the ball and passes the ball to White C.			
38a	What is the Infringement? (a) No Infringement (b) Black GS incorrectly shooting for goal	(a) No Infringement	10.1 (ii)	1
38b	What is the Sanction and/or Action? (a) Let Play Continue, Count Goal (b) Free Pass White where Black GS shot for Goal (c) Let Play Continue, Discount Goal	(a) Let Play Continue, Count Goal,	10.1 (ii)	1
39	White GA catches the ball and lands on her right foot outside the Goal Circle. White GA steps into the Goal Circle on her left foot and then shoots for goal.			
39a	What is the Infringement? (a) No Infringement (b) Shooting for goal after having contact with the ground outside the Goal Circle White GA (c) Footwork White GA	(b) Shooting for goal after having contact with the ground outside the Goal Circle White GA	10.2 (i) (a)	1
39b	What is the Sanction and/or Action? (a) Let Play Continue (b) Free Pass Black Outside Goal Circle (c) Free Pass Black inside Goal Circle (d) Penalty Pass Black Inside Goal Circle	(b) Free Pass Black outside Goal Circle.	10.2(i) (a)	1
40	The Black GK knocks the goalpost as the White GS shot at goal is successful.			
40a	What is the Infringement? (a) Knocking the goalpost during a shot at goal Black GK (b) No Infringement	(a) Knocking the goal post during a shot at goal Black GK	10.2 (ii) (a)	1

40b	What is the Sanction and/or Action? (a) Let Play Continue, Count Goal (b) Award a Penalty Pass where Black GK knocked the goalpost, Discount Goal	(a) Let Play Continue, Count Goal	10.2(ii) (a) 7.2	1
Contact				
	Question	Answer	Rule	Marks
41	White WD defending from the correct position, places two hands on the ball making it difficult for Black WA to pass the ball, 3 seconds has elapsed.			
41a	What is the Infringement? (a) No Infringement (b) Contact on the ball White WD (c) Held Ball Black WA	(b) Contact on the ball White WD	12.2 (iii)	1
41b	What is the Sanction and/or Action? (a) Let Play Continue (b) Free Pass White where Black WA was standing (c) Penalty Pass White where Black WA was standing (d) Penalty Pass Black where white WD placed hands on the ball (e) Free Pass White where Black WA held the ball	(d) Penalty Pass Black where white WD placed hands on the ball.	12.2(iii) Sanction	1
42	White GS jumps to receive a rebound. Black GK moves into the position where White GS needs to land.			
42a	What is the Infringement? (a) No Infringement (b) Moving into an opponent's landing space Black GK (c) Causing contact Black GK	(b) moving into an opponent's landing space Black GK	12.2.1 (ii)	1
42b	What is the Sanction and/or Action? (a) Let Play Continue (b) Award a Free Pass to White where Black GK moved into the landing space (c) Award a Penalty Pass to White where Black GK moved into White GS landing space	(c) Award a Penalty Pass to White where Black GK moved into White GS landing space.	12.2.1 (ii) Sanction	1
43	White GS catches the ball in the Goal Circle. Black C standing outside the Goal Circle leans over and accidentally pushes the GS who drops the ball. White GS picks up the ball and unsuccessfully shoots for Goal.			

43a	What is the Infringement? (a) No Infringement (b) Contact Black C (c) Replayed ball White GS	(b) Contact Black C	12.2(i)	1
43b	What is the Sanction and/or Action? (a) Penalty Pass White inside Goal Circle (b) Penalty Pass White Outside Goal Circle (c) Free Pass Black inside Goal Circle (d) Free Pass Black Outside Goal Circle (e) Let Play Continue	(a) Penalty Pass White inside Goal Circle.	12.2(i) Sanction 7.1.1 (i) (b)	1
Obstruction				
	Question	Answer	Rule	Marks
44	White GA shoots for goal. Black GD standing 0.6m from the first landed foot of the GA stands watching the goalpost, making no attempt to defend.			
44a	What is the Infringement? (a) No Infringement (b) Interfering with the shot at goal Black GD, Obstruction Black GD (c) Obstruction Black GD	(a) No Infringement.	11.1 (iv)	1
44b	What is the Action and/or Sanction? (a) Penalty Pass White where GD was standing (b) Free Pass White where GD was standing (c) Let Play Continue	(c) Let Play Continue	11.1 (iv)	1
Hand Signals				
	Question	Answer	Rule	Marks
45	Images below:	See green ticks in Question		10

UMPIRE HAND SIGNALS

This section of the exam tests your knowledge of the hand signals used to support the decisions made while officiating the game of netball.

45. Drag and drop correct hand signal into the boxes below.

Short Pass

Goal Not Scored

Advantage

Stepping

Incorrect Playing of the Ball

Warning

Footwork

Direction of Pass

Hold Time



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Intimidation

Goal Not Scored

Warning



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45. Drag and drop correct hand signal into the boxes below.

Footwork

Stepping

Direction of Pass

Goal Not Scored

Intimidation

Ball Over a Third

Short Pass

Advantage

Incorrect Playing of the Ball

