NETBALL NEW ZEALAND THEORY EXAM
August 2016

Time Allowed: 90 minutes

PLEASE READ THESE CAREFULLY BEFORE STARTING THE TEST

1. Teams are referred to as BLACK and WHITE.
2. Read all questions carefully.
3. Answer only what is clear and concise
4. PLEASE NOTE: In some questions there are multiple correct answers.
   - THERE ARE 30 QUESTIONS and a total of 62 marks available.
   - You must gain 53 marks (85%) in order to pass.

DEFINITIONS
This section of the exam tests your knowledge of the definitions around the game of netball.

Select the correct definition for the list below:

1. Match Officials
   - Captain, Player and Doctor
   - Coach, Manager and Primary Care Person
   - Two umpires and a reserve umpire

2. Playing Enclosure
   - The area consisting of the court, the court surround and the bench zone.
   - The outside surround areas of the court where the umpires officiate.
   - The areas on court, goal third and centre third.

3. Pivot
   - A movement where the player with the ball drags their landing foot along the ground in order to face the direction of play.
   - A movement where the player with the ball turns on the ball of their foot to face the end of the court where their team is shooting for goal.
   - A movement where the player with the ball swivels on either the heel or the ball of the landing foot without gaining any ground.
TECHNICAL SPECIFICATIONS AND PROTOCOLS

This section of the exam tests your knowledge of the court, its related areas, the goal posts, and the ball.

4. What is the distance between the edge of the court surround and the goal lines and side lines?
   - 35 m (114 ft)
   - 30.5m (100 ft)
   - 3.05m (10 ft)

5. The field of play is ____________ in shape and consists of the court and the court surround.
   - square
   - rectangular
   - circle

6. Which benches are located on one side of the court in the bench zone?
   - First Aid and Primary Care Persons
   - Media and Statisticians
   - Officials, Umpires’ and Team Benches

TECHNICAL SPECIFICATIONS

This section of the exam tests your knowledge of the court, its related areas, the goal posts, and the ball. Drag and Drop the correct measurement into the GREY areas for the following equipment used in the game of netball.

7. The height of the goal post
   - 3.05m (10ft)
   - 3.50m (11.5 ft)
   - 30.5m (100 ft)
   - Not more than 50mm (2 in) and extending the full length of the pole.

8. The diameter of the goalpost
   - 60 - 100mm (2.3 - 4 in)
   - Not more 50 - 60mm (2 - 2.4 in) and extending the full length of the pole.

9. The padding on the goalpost
   - Not more 60 - 70 mm (2.4 - 2.75 in) and extending the full length of the pole.
MATCH DURATION

This section of the exam tests your knowledge of the match length and extra time.

10. Answer the following questions as either TRUE or FALSE

(a) A period of play must not exceed the specified playing time except if a team is awarded a penalty pass in the attacking goal circle.

- True
- False

(b) Teams must change ends each quarter.

- True
- False

(c) To restart play during extra time, the captains from both teams must toss for choice of goal end or the first centre pass.

- True
- False

(d) In the event of a tie remaining at the end of extra time, play will continue until one team leads by one goal.

- True
- False
MATCH PERSONNEL AND PROCEDURES

This section of the exam tests your knowledge around the section match personnel and match procedures.

Select the correct responses for the following. (NOTE: There maybe more than one correct response per question.)

11. During a match a player must wear:

- Playing position initials
- Wedding ring
- Medical alert bracelet
- A registered playing uniform
- Spiked shoes
- Suitable sports footwear

12. The Role of the Reserve Umpire is to:

- Inform the bench officials of team changes
- Stand at the umpires bench during a match
- Assist the umpires with any procedures prior to the match or during intervals
- Replace an umpire who becomes ill/injured during a match.
- Supervise a suspended player during the suspension period

Select the correct responses for the following.

(NOTE: There may be more than one correct response per question.)

13. The timekeepers are jointly responsible for ensuring that each playing period and each interval is of the correct length of time. The timekeepers notify the umpires when there are [Choose 60 seconds] and [Choose 30 seconds] remaining before the start of a quarter/half.
MATCH PERSONNEL AND PROCEDURES

This section of the exam tests your knowledge around the section match procedures.

Select the correct answers from those provided for the following.

14. Who is responsible for notifying the teams when there are 30 seconds and 10 seconds before the start of a quarter/half?
   - The Scorers
   - The Umpires
   - The Timekeepers

15. Immediately after a goal is scored both umpires indicate the direction of the next centre pass. If the umpires disagree, who do they seek clarification from?
   - The Scorers
   - The Team Managers
   - The Reserve Umpire

16. Which umpire is responsible for any infringements by the Centre taking the centre pass and any opponent defending the pass?
   - The Reserve Umpire
   - The Umpire controlling the centre pass
   - The Umpire not controlling the centre pass

MATCH PERSONNEL AND PROCEDURES

This section of the exam tests your knowledge around the section match procedures.

Select the procedures that Team Officials and Bench Players must adhere to during a match. Select the correct answer from those provided. (NOTE: there may be more than one correct response per question)

17. Team Officials and Bench players may coach:
   - During stoppages provided they remain at the team bench or on the court surround and do not (except the primary care person/s) enter the court.
   - While play is in progress provided they are positioned at the team bench.
   - During intervals.
   - When the ball is out of court, and they can enter the court to do so as long as they are off court when the ball is retrieved from out of court.
18. For each image below choose whether the foot position for the Centre pass is Correct or Not Correct.

(a) Correct
    Not Correct

(b) Correct
    Not Correct

(c) Correct
    Not Correct

(d) Correct
    Not Correct
DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match.

Select the correct infringement, sanction and reason, if required.

19. Black WD and White C are contesting for a loose ball that slipped out of Black GK's hands. As White C attempts to pick the ball up, she accidentally kicks the ball and it hits a spectator watching the game.

- Out of Court White.
- Out of Court Black.
- Incorrect playing of the ball White C.
- Kicking the ball White C.

(b) Name the correct SANCTION or ACTION.

- Throw In White where the ball touched the spectator.
- Free pass Black where the White C accidentally kicked the ball.
- Throw In Black near where the ball touched the spectator.

DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match.

Select the correct infringement, sanction and reason, if required.

20. White WA is taking a thrown in on the goal line. Before passing the ball, White WA steps behind the goal circle and passes the ball to White GA who is ready to shoot for goal.

- No infringement.
- Incorrect Entry to Area at a Throw In White WA - foot too far away from line.
- Incorrect Throw In White WA - Stepping behind an offside area whilst in possession of the ball.

(b) Name the correct SANCTION and ACTION.

- Throw In Black where White WA's foot was too far away from the line.
- Let play continue.
- Throw In Black where White WA stepped behind an offside area (behind the goal circle) while holding the ball.
DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match.

Select the correct infringement, sanction and reason, if required.

21. Following an unsuccessful shot at goal, White GK and White GD catch the ball in quick succession. White GK catches the ball first, quickly releases it and White GD passes the ball to White C.
   ○ No infringement.
   ○ Short pass White GK and White GD.
   ○ Incorrect Playing of the Ball White GD - Tip, Bat and Catch.

   (b) Name the correct SANCTION and ACTION.
   ○ Penalty Pass Black where White GK releases the ball.
   ○ Free Pass Black where White GK releases the ball.
   ○ Let play continue.

22. At Black’s Centre Pass, Black WD catches the ball and lands on the left foot in the Centre Third. Black WD steps back into the Goal Third on the right foot before passing the ball to Black GS.
   ○ No infringement.
   ○ Ball Over a Third Black WD.
   ○ Stepping Black WD.

   (b) Name the correct SANCTION and ACTION.
   ○ Free pass White where Black WD landed on her left foot in the Centre Third.
   ○ Let play continue.
   ○ Free pass White where Black WD stepped back into the Goal Third and passed the ball the Black GS.

   (c) Name the correct REASON.
   ○ A player may not reground the grounded foot before the ball has been released.
   ○ A player may not pass the ball over a third without the ball being touched or caught in that third.
   ○ After catching the ball correctly a player may step into an adjacent third. Any subsequent throw is deemed to have been made from the third where the player first landed.
DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match.

Select the correct infringement, sanction and reason, if required.

23. White C and Black C are contesting for a position on the goal circle edge. As both players are trying to gain a better position Black C enters the goal circle just before White C places her foot in the Goal Circle as well.
- Simultaneous offside Black C and White C.
- Incorrect Entry to Area - Offside White C.
- Incorrect Entry to Area - Offside Black C.

(b) Name the correct SANCTION and ACTION.
- Free pass Black where White C entered the goal circle.
- Toss Up between Black C and White C outside the goal circle close to where both players went offside.
- Free pass White where Black C entered the goal circle.

(c) Name the correct REASON.
- A player is offside when the player enters a court area not designated for the player’s position.
- If two opposing players enter an offside area, one before the other, the first player is penalised.
- If two opposing players enter into an offside area, simultaneously, a toss up is taken.

DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match.

Select the correct infringement, sanction and reason, if requested.

24. Black GA is running into the Goal Circle, to stop her from entering the Goal Circle, White GD defends her closely. Black GA leaves the court and re-enters the court near the goalpost. White GD follows her off court with her arms outstretched in front of the Black GA.
- No infringement.
- Contact White GD.
- Defending a Player who is Out of Court White GD.

(b) Name the correct SANCTION and ACTION.
- Free pass Black, on court, close to where White GD left the court to defend.
- Penalty pass Black, on court, close to where White GD left the court to defend.
- Let play continue.
UMPIRE HAND SIGNALS

This section of the exam tests your knowledge of the hand signals used to support the decisions made while officiating the game of netball.

25. Drag and drop the image into the box below that matches the hand signals labeled in the grey boxes.

(a) Advantage

(b) Intimidation

(c) Obstruction of player without ball

(d) Ordering Off

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GAME MANAGEMENT

This section of the exam tests your knowledge around game management.

Answer the following questions as either TRUE or FALSE

26. During a match, team officials and bench players are allowed to use excessive noise or interruptions.
   ○ True
   ○ False

27. A player is allowed to push the ball into another player even if the opponent infringes the rules.
   ○ True
   ○ False

GAME MANAGEMENT

This section of the exam tests your knowledge around game management.

28. Black GS has already been issued a caution for persistent infringing (contact). As the ball is being thrown in from the Goal Line, Black GS pushes the White GD as she runs to intercept a pass. The umpire holds time and issues an official warning to Black GS.

Drag and Drop, in order, what the umpire must advise the player when issuing an official warning. (There are four actions that are required.)

Action 1.
Action 2.
Action 3.
Action 4.

The Umpire may also state any action that will follow.

Calls over the Black Team's Captain.

Using the term 'official warning'

Suspend Black GS.

Specify the behaviour for which the official warning is been given.

Signal to the team bench that an official warning has been given.

Signal to the official bench that an official warning has been given.

The Umpire may also state any action that will follow.
29. USING THE WORDS BELOW TYPE IN THE CORRECT WORDS TO COMPLETE THE SENTENCE ABOVE:

Match    Safe    Inspect

Court    Game    Goalposts

Before a __________ the umpires __________ the field of play and the __________ to check they conform to the rules and provide a __________ environment of play.

PROTOCOLS

This section of the exam tests your knowledge of the protocols relevant to the game of netball.

Answer the following questions as either TRUE or FALSE

30. When penalising an infringement the umpire:

(a) States the infringement and the sanction, together with the appropriate hand signal.
   ◎ True
   ◎ False

(b) Indicates where the sanction is to be taken.
   ◎ True
   ◎ False

(c) The umpire may add a brief verbal descriptor to indicate the nature of the contact eg 'contact – knees'.
   ◎ True
   ◎ False
You have reached the end of this exam.

You can review your score on the next page.