Name: ________________________________
Centre: ________________________________
Zone: ________________________________

NEW ZEALAND THEORY EXAM
13 June 2016
Time allowed: 1½ hours

INSTRUCTIONS TO CANDIDATES
PLEASE READ THESE CAREFULLY BEFORE COMMENCING THE PAPER

1. Write your Name, Centre and Zone in the spaces at the top of this page.

2. Use only a blue or black pen. Cross out any work not to be marked. Any work in pencil or using Correction Fluid will NOT be marked.

3. Answer all questions in this printed exam booklet. If you have insufficient space for an answer, use any space on the back of the paper or you may use your own paper. Be sure to put your name on any extra sheets and label questions carefully. Make sure any extra sheets are handed in with your paper.

4. Teams referred to are BLACK and WHITE.

5. (a) It is NOT necessary to specify the infringer must stand beside and away from the player taking the penalty.
   (b) Similarly, it is NOT necessary to specify the Umpire blows the whistle when penalising an infringement.

6. Check you have 30 questions in this exam booklet.

7. Read all questions carefully and answer only what is asked clearly and concisely.

8. For infringements where a general statement can cover a wide range of specific infringements, the specific statement must be used.

   General: Incorrect playing of the ball
   Specific: Tip, bat, catch

9. There are 60 marks available. You must gain 51 marks (85%) in order to pass.
   Mark allocations for each question are shown in brackets.

| Total Mark | Result |
TECHNICAL SPECIFICATIONS
This section of the exam tests your knowledge of the court, its related areas, the goal posts, the ball and the application of protocols around this section.

Question 1:
Fill in the missing labels and measurements of court and related areas.

<table>
<thead>
<tr>
<th>TEAM BENCH 1</th>
<th>a) Name this Bench</th>
<th>UMPIRES’ BENCH</th>
<th>TEAM BENCH 2</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>Official Bench</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

b) Name this area of the court. Centre Third

c) What is the measurement of this line? 30.5 m (100 ft)

Question 2:
What are the technical specifications for the following:
(Circle your answer clearly)

<table>
<thead>
<tr>
<th></th>
<th>TEAM BENCH 1</th>
<th>UMPIRES’ BENCH</th>
<th>TEAM BENCH 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>The vertical metal pole of the goalpost (in diameter) is</td>
<td>65-100mm (2.5-4 inch)</td>
<td>60-110mm (2.4-5 inch)</td>
<td>80-100mm (3.5-4 inch)</td>
</tr>
<tr>
<td>A horizontal metal bar of length projecting from the front edge at the top of the pole, to which the ring is attached.</td>
<td>125mm (5 inch)</td>
<td>150mm (6 inch)</td>
<td>175mm (7 inch)</td>
</tr>
<tr>
<td>The match ball measures (in circumference)</td>
<td>690 - 710mm (27 - 28 inch)</td>
<td>600 - 710mm (26 - 28 inch)</td>
<td>710 - 730mm (28 - 29 inch)</td>
</tr>
<tr>
<td>The ball is inflated to a pressure of:</td>
<td>83 - 90 KPa (12 - 13 psi)</td>
<td>76 - 83 KPa (11 - 12 psi)</td>
<td>90 - 95 KPa (14 - 15 psi)</td>
</tr>
</tbody>
</table>

(2 marks)
Question 3:
A match consists of four quarters, each of 15 minute playing duration.

What is the length of the interval in the following game situations?
(Circle your answer clearly)

<table>
<thead>
<tr>
<th>Extra Time (Two halves of equal length...)</th>
<th>Not exceeding 7 mins</th>
<th>Not exceeding 4 mins</th>
<th>Not exceeding 10 mins</th>
</tr>
</thead>
<tbody>
<tr>
<td>Half Time during an hour game</td>
<td>10 mins</td>
<td>12 or 8 mins</td>
<td>5 mins</td>
</tr>
<tr>
<td>Intervals during an hour game</td>
<td>2 mins</td>
<td>5 mins</td>
<td>4 mins</td>
</tr>
<tr>
<td>Half Time during Extra Time</td>
<td>1 mins</td>
<td>2 mins</td>
<td>3 mins</td>
</tr>
</tbody>
</table>

(2 marks)

Question 4:
Using the words below to complete the following sentences.

<table>
<thead>
<tr>
<th>team</th>
<th>officials</th>
<th>indicate</th>
<th>two</th>
</tr>
</thead>
<tbody>
<tr>
<td>player</td>
<td>three</td>
<td>tell</td>
<td>umpires</td>
</tr>
</tbody>
</table>

The first centre pass, during extra time, in each half is taken by the team entitled to the next centre pass. In the event of a tie remaining at the end of extra time, a visual signal is placed at the official bench to indicate that play will continue until one team leads by two goals.

(2 marks)
## SANCTIONS

This section of the exam tests your knowledge around the actions taken by an umpire against an infringing player, team official or bench player.

**Question 5: TRUE or FALSE**

(Circle your answer clearly)

<table>
<thead>
<tr>
<th></th>
<th>TRUE</th>
<th>FALSE</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) A penalty pass is awarded for minor infringements?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>b) The infringer must remain in the position indicated by the umpire and not move or take any part in play including verbal comments?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>c) A player taking a free pass may shoot for goal?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>d) The infringer must stand out of play and move quickly to the position indicated</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

(2 marks)

**Question 6:**
The umpire should refrain from blowing the whistle for an infringement when by so doing the non infringement team would be disadvantaged.

State how an umpire indicates an advantage is being applied:

1. By calling ‘advantage’ and stating the infringement
2. Using the hand signal for advantage

(1 mark)
Question 7:
For the start of each quarter/ half:
List two of the three responsibilities players and teams are responsible for when play is due to start:

1. Players must take the court
2. Players must be positioned in the correct thirds when play is due to start
3. A team must take the court if there are at least five players present, one of whom must play centre

(1 mark)

Question 8:
At a centre pass, the centre must ensure s/he meets the correct conditions so that play can restart quickly. (Tick ALL below that show the correct position for the centre’s foot position at a centre pass.)

![Foot positions diagrams]

(1 mark)

Question 9:
White’s Centre Pass is untouched in the Centre Third and is caught by Black WA who lands astride the Transverse Line. (What sanction and/or action would the Umpire take?)

a) Free Pass White in Goal Third near where the ball crossed the Transverse Line
b) Let play continue
c) Free Pass White in Centre Third near where the ball crossed the Transverse Line
d) Let play continue, advantage rule applies

(1 mark)
Question 10:
*Black WD arrives just after the whistle to start the game and quickly runs on Court to the vacant WD position.*

Sanction/Action: Free pass White where ball was when play stopped – the player is sent from the court until the correct time for entry.

Explain the reason for your action: If a position has been left vacant the late arrival may not enter the match while play is in progress but may take the court immediately after: (a) A goal has been scored (in this case the player must play in the position left vacant) (b) stoppage for injury/illness or blood or (c) an interval.

Question 11:
*When the ball is ruled to be out of court and play restarts with a throw in, the player taking the throw in must:*

(Circle your answers clearly)

<table>
<thead>
<tr>
<th></th>
<th></th>
<th>True</th>
<th>False</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) Stand outside the court with at least one foot within 15 cm (6 in) of the line.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c) Ensure all other players are on the court before releasing the ball</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d) Throw the ball at 3 seconds of taking up this position</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e) May step behind any offside area while holding the ball</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

(2 marks)

Question 12:
*White WA catches the ball just outside the Goal Circle. To gain balance, she leans on the ball inside the Goal Circle, before turning to pass the ball to the White GA.*

*What action would the Umpire take? (Circle the correct answer)*

a) Let play continue

b) Free Pass Black inside the Goal Circle where White C leaned on the ball.

c) Free Pass Black outside the White C leaned on the ball inside the goal circle.

d) Penalty Pass Black inside the Goal Circle where White C leaned on the ball.

(1 mark)
**Question 13:**
White GS is shooting for goal and Black GK is defending correctly. At the end of three seconds, Black GK overbalances and places a hand on the ball.

*What action would the Umpire take? (Circle the correct answer)*

a) Free Pass Black in the goal circle where White GS shot for goal  
b) Penalty Pass White inside the Goal Circle where Black GK placed a hand on the ball  
c) Let play continue  

(1 mark)

**Question 14:**
White WA catches the ball and rolls it to White C.

*Infringement:* Rolling the ball to another player White WA  

*Sanction/Action:* Free pass Black where White WA rolled the ball to White C  

(2 marks)

**Question 15:**
Black GA’s shot at goal rebounds off the Goalpost. White GK bats the ball and it passes over and through the ring just before the Umpire blows the whistle to signal the end of the game.

*Infringement:* No infringement  

*Sanction/Action:* The game ends  

(2 marks)
Question 16:
White WD and Black GD catch the ball at the same time in the Centre Third. At the time the ball is caught White WD’s right foot is partly outside the court.

Infringement: Simultaneous Possession of the ball White WD and Black GD with one player having part contact with the outside of the court.

Sanction/Action: Toss Up between White WD and Black GD in the Centre Third where the ball was caught.

Explain the reason for your action: If the ball is caught simultaneously by two opposing players, either of whom lands or is standing wholly or partly outside the court, a toss up is taken on court between the players concerned.

(3 marks)

Question 17:
White WA jumps to receive a pass on the edge of the Goal Circle. Black WD moves into the landing space of White WA who falls and lands in the Goal Circle.

Infringement: Contact - Moving into Another Players Landing Space Black WD

Sanction/Action: Penalty Pass White outside the goal circle where Black WD moved into the landing space of White WA

Explain the reason for your action: A player causes contact by:
(i) Moving into the path of an opponent who is committed to a particular landing space.

(3 marks)

Question 18:
Interference may occur in many different ways during a game of netball. List 3 ways that this may be observed.

(i) Physical contact using any part of the body to limit an opponent’s ability to move freely (this includes, but is not limited to, pushing, tripping, holding or leaning on an opponent)
(ii) Knocking or hitting a player including when shooting for goal
(iii) Placing hand/s on the ball held by an opponent
(iv) Hitting the ball held by an opponent or removing it from an opponent’s possession
(v) While holding the ball, pushing it into an opponent.

(3 marks)
**Question 19:**
White WA is taking a throw in along the goal third sideline. Black WD is defending from the correct distance with her hands over the ball. Before White WA releases the ball, she pushes the ball into Black WD’s hands.

**Infringement:** Contact White WA

**Sanction/ Action:** Penalty Pass Black, on court, where White WA pushed the ball into Black WD’s hands.

**Explain the reason for your action:**
(v) While holding the ball, pushing it into an opponent.

(3 marks)

**Question 20: YES OR NO**
(Circle your answers clearly)

<p>| | | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>a) Is a suspended player able to join their team during an interval?</td>
<td>Yes</td>
<td>No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>b) Is a player allowed to leave the court to defend their opponent?</td>
<td>Yes</td>
<td>No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>c) Can the Captain clarify a rule during a blood stoppage?</td>
<td>Yes</td>
<td>No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>d) Can an Umpire advance a penalty if a player disputes a decision?</td>
<td>Yes</td>
<td>No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>e) Can a Team Official stand at their Team Bench during play?</td>
<td>Yes</td>
<td>No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>f) Can a player who is within 0.9m (3h) of an opponent without the ball stretch out their arms to intercept a ball?</td>
<td>Yes</td>
<td>No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>g) When attacking, defending or playing the ball, opposing players may come into physical contact with each other?</td>
<td>Yes</td>
<td>No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>h) Can a player throw the ball deliberately at another player?</td>
<td>Yes</td>
<td>No</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

(4 marks)
**Question 21:**
Black C is suspended for dangerous play.

a) What must the Umpire advise Black C?

(i) The umpire advises the player of the suspension.

b) What action must the Black team take to allow play continue?

(iv) No substitute is permitted and the suspended player’s position is left vacant unless this player is the Centre. In this case one player must move to play as Centre during the suspension.

c) After notifying the Umpire, when can Black C enter the Court at the end of the suspension period?

(v) Once the suspension period has been completed, the player is able to return to the court at the next break in play (after a goal is scored, during a stoppage or interval, when a sanction is awarded, a throw in or toss up taken).  

(3 marks)

**Question 22:**
Black GS and White GK gain possession of the ball in quick succession. Black GS gains possession first.

What are the umpire’s actions for this phase of play?

1. The umpire calls ‘possession’,

2. Indicate the player who caught the ball first

3. and allow play to continue.

(3 marks)
Refer to the Court diagram below for Question 23:

UMPIRE A

WHITE GOAL

UMPIRE B

BLACK GOAL

Question 23:

a) Black GS and White GK catches the ball simultaneously at Point P. Which Umpire takes this Toss Up?

   Umpire A

b) While the Toss is being taken, White C trips Black C at Point M. Which Umpire penalises this infringement?

   Umpire B

   (1 mark)
**HAND SIGNALS**

This section of the exam tests your knowledge of the hand signals used to support the decisions made while officiating the game of netball.

24. Name these hand signals below:

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>a)</td>
<td><strong>Contact</strong></td>
</tr>
<tr>
<td>b)</td>
<td><strong>Toss Up</strong></td>
</tr>
<tr>
<td>c)</td>
<td><strong>Hold Time</strong></td>
</tr>
<tr>
<td>d)</td>
<td><strong>Incorrect Entry to Area</strong></td>
</tr>
<tr>
<td>e)</td>
<td><strong>Centre Positioned Incorrectly</strong></td>
</tr>
<tr>
<td>f)</td>
<td><strong>Official Warning</strong></td>
</tr>
<tr>
<td>g)</td>
<td><strong>Goal Not Scored</strong></td>
</tr>
<tr>
<td>h)</td>
<td><strong>Incorrect Playing Of the Ball</strong></td>
</tr>
</tbody>
</table>

(4 marks)
**PROTOCOLS**

This section of the exam tests your knowledge of the protocols relevant to the game of netball.

**Question 25:**
Prior to the game the Captains toss for the choice of goal end or first Centre Pass. Who must they notify of the result?

Umpires and Scorers  

(1 mark)

**Question 26:**
Who is responsible for each of the following?

a) Providing hydration to the Match Umpires, if requested
   Reserve Umpire

b) Recording any suspensions which may occur
   Scorers

c) Advise the umpires if a player is too ill/injured to be moved
   Primary Care Person

d) Indicating the direction of the Centre Pass
   Both Umpires  

(2 marks)

**Question 27:**
Describe the type of whistle an Umpire would use in the following situations:

a) 10 second warning
   Long Whistle Roll

b) 30 second warning
   Medium Whistle Roll

c) To instruct the time keeper to commence timing
   Long Whistle

d) During play for an infringement, toss up, out of court etc
   Medium Whistle  

(2 marks)
**Question 28:**
Prior to the match the umpires check the players in their respective changing rooms/areas to ensure they meet all requirements.

(Circle your answers clearly)

| (a) It is recommended the umpires carry out the check of both teams together | True | False |
| (b) Umpires should be satisfied that hair is suitably Pinned back so as not to provide a hazard. | True | False |

(1 mark)

**Question 29:**
Black WD is contesting for an intercept, during this attempt Black WD contacts White C. After this, a number of contacts occur in a short period of time and the umpire decides it is appropriate to issue a ‘caution’ for persistent infringing.

List the action/s that will be observed by the controlling umpire when cautioning a player.

1. The Umpire will hold time

2. Speak to the player concerned (Black WD) and clearly specify the concern and, if appropriate, any actions that will follow if the behaviour is not corrected

3. Re-start play

(2 marks)

**Question 30:**
Complete the follow sentence.

The umpire notices blood on leg of the Black GS and holds play. The player must leave the court within 30 seconds and may not return to the court until this has been cleaned or clothing replaced.

(1 mark)