

# NETBALL ZONE THEORY EXAM

May 2018



Time Allowed: 90 minutes

**PLEASE READ THESE CAREFULLY BEFORE STARTING THE TEST**

1. Teams are referred to as Black and White.
  2. Read all questions carefully.
  3. Answer only what is clear and concise
  4. **PLEASE NOTE: In some questions there are multiple correct answers.**
- THERE ARE 42 QUESTIONS and a total of **80 marks** available.
  - **You must gain 68 marks (85%) in order to pass.**

**G.J. Gardner.**  
HOMES



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## TECHNICAL SPECIFICATIONS

*This section of the exam, tests your knowledge of the court, it's related areas, the goal posts, and the ball.*

**1. What is the length of the sideline?**

- 30.5m (100ft)
- 3.50m (11.48ft)
- 3.25m (10.66ft)

**2. The Goal Post is covered with padding and should not be more than:**

- 65mm [2.5in] thick
- 38mm [1.5in] thick
- 50mm [2in] thick

**3. What is the weight of the ball?**

- 350-400g (12-14oz)
- 400-450g (14-16oz)
- 450-500g (16-19oz)

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## TECHNICAL SPECIFICATIONS

*This section of the exam, tests your knowledge of the court, it's related areas, the goal posts, and the ball.*

**4. A rebound from a shot at goal is caught by the Black GS who lands on the Goal Line and shoots successfully for goal.**

**4a. What is the Infringement?**

- No Infringement
- Player out of court
- Player not allowed to stand on Goal Line at a shot for goal

**4b. What is the Sanction and/or Action?**

- Let Play Continue, Count Goal
- Free Pass to White where Black GS shot for goal, discount goal
- Throw in White

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## MATCH PERSONNEL

*This section of the exam tests your knowledge around the team, match officials and technical officials.*

**5. How many Scorers are there in a match?**

- 2
- 3
- 4

**6. When may the captain approach the umpires for clarification of a rule?**

- at a stoppage
- at an interval
- during a stoppage for injury

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## MATCH PERSONNEL

*This section of the exam tests your knowledge around the team, match officials and technical officials.*

### 7. Who are the match officials?

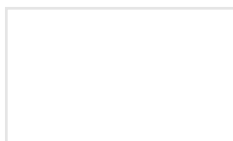
**Drag and drop the correct two answers into the grey box below.**

Umpires

Reserve  
Umpire

Timekeepers

Scorers



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## MATCH PERSONNEL

*This section of the exam tests your knowledge around the team, match officials and technical officials.*

### 8. During a match all players must wear: (select the three that apply).

**Drag and drop the correct three answers into the grey box below.**

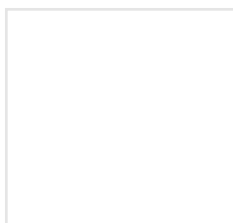
Wedding ring

Suitable sports  
footwear

Playing  
position initials

Medical alert  
bracelet

A registered  
playing uniform



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## MATCH PERSONNEL

*This section of the exam tests your knowledge around the team, match officials and technical officials.*

### 9. When do the Umpires toss for goal ends?

- After the captains have notified the result of the toss for goal ends or first centre pass.
- Before the start of play
- When the teams have taken the court

### 10. May a player wear a medic alert bracelet if it is not taped? Yes/No

Choose ▾  
Yes  
No

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## STARTING PLAY

*This section of the exam tests your knowledge of the rules at the start of play and during the match.*

### 11. Black's Centre Pass is caught by White WD outside Black's Goal Circle.

#### 11a. What is the Infringement?

- No Infringement
- Over a third Black
- Ball not caught or touched in the Centre third from a Centre Pass Black

#### 11b. What is the Sanction and/or Action?

- Free Pass to White where White WD caught the ball
- Free Pass in Goal third near transverse line
- Apply Advantage, Let Play Continue

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## STARTING PLAY

*This section of the exam tests your knowledge of the rules at the start of play and during the match.*

**12. Black WD is taking a throw in on the goal line. Before passing the ball the Black WD steps behind the goal circle and passes to the Black GD.**

**12a. What is the Infringement?**

- No Infringement
- Incorrect throw in, stepping behind an offside area whilst in possession of the ball Black WD
- Incorrect entry at a throw in Black WD

**12b. What is the Sanction and/or Action?**

- Throw in White where Black WD stepped behind an offside area
- Let Play continue
- Throw in White from the original throw in point

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## STARTING PLAY

*This section of the exam tests your knowledge of the rules at the start of play and during the match.*

**13. When must players take the court before the start of play?**

- 30 seconds
- 60 seconds
- 10 seconds

**14. The ball touches the umpire who is running outside the sideline and the ball bounces back onto court. What actions will the umpire take?**

- Free pass on court
- Penalty pass on court
- Throw in awarded to team that had no contact with the ball before it hit the umpire
- Let Play Continue

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## STARTING PLAY

*This section of the exam tests your knowledge of the rules at the start of play and during the match.*

**15. Determine whether each image correctly demonstrates conditions for controlling the centre pass.**

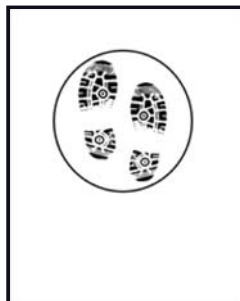
**(a)**

- Correct
- Not Correct



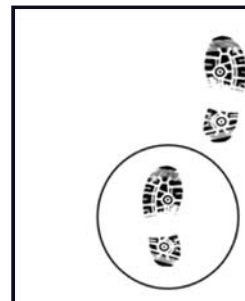
**(b)**

- Correct
- Not Correct



**(c)**

- Correct
- Not Correct

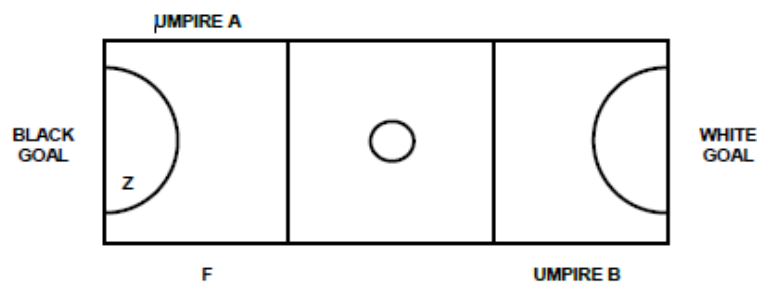


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## MATCH PERSONNEL AND PROCEDURES

*This section of the exam tests your knowledge around umpire and team official procedures.*

Refer to the diagram below for questions 16 and 17



**16. Black has the first Centre Pass at the start of a game.**

**16a. Which Umpire starts play?**

- Umpire A
- Umpire B

**16b. Which Umpire would take a Toss Up at Point Z?**

- Umpire A
- Umpire B

**17. White scores the first goal. Which Umpire is responsible for the following?**

**17a. Restarting play?**

- Umpire A
- Umpire B

**17b. Ruling out of Court at Point F?**

- Umpire A
- Umpire B

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## MATCH PROCEDURES

*This section of the exam tests your knowledge around umpire and team official procedures.*

**18. Which Umpire is responsible for any infringements by the centre taking the centre pass and any opponent defending the pass?**

- The umpire controlling the centre pass
- The umpire into whose half the ball is going

**19. The umpires notify the teams when there are how many seconds before the start of a quarter/half?**

- 30 seconds and 10 seconds
- 40 seconds and 20 seconds
- 10 seconds only
- 30 seconds only

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## MATCH PROTOCOLS

*This section of the exam, tests your knowledge of the game's protocols.*

**20. Describe the type of whistle an Umpire would use in the following situations:**

**20a. 30 second warning prior to start of play**

- medium whistle roll
- long whistle roll
- long whistle

**20b. At the restart of play after a stoppage**

- more urgent whistle
- medium whistle
- long whistle roll
- long whistle

**20c. During play (for an infringement etc)**

- medium whistle
- more urgent whistle
- long whistle roll

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## DURING THE MATCH

*This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.*

21. Substitutions and team changes can happen when play is stopped for Blood (True/False)

22. A late player can enter the court as soon as they arrive at the game. (True/False)

23. The WA arrives late and the team are playing with 6 players with the WA position filled and the WD position left vacant. The late player can move into the WA position with the WA on court moving to the WD position (True/False)

24. The coach is allowed to call for a stoppage when a player is hurt (True/False)

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## DURING THE MATCH

*This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.*

25. Black C falls to the ground. The ball is loose and close to her. Whilst on the ground, Black C reaches out and rolls the ball to herself, regains her footing without stepping and passes the ball to Black WA.

25a. What is the Infringement?

- No Infringement
- Rolling the ball to herself Black C while on the ground
- Replaying the ball

25b. What is the Sanction and/or Action?

- Let Play Continue
- Free Pass White where Black C rolled the ball to herself while on the ground
- Penalty Pass White where Black rolled the ball to herself
- Free pass White where Black WA caught the ball

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## DURING THE MATCH

*This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.*

**26. White WA and Black C are both contesting a loose ball that is rolling along the ground. White WA deliberately kicks the ball and it goes out of court and hits the Umpire.**

**26a. What is the Infringement?**

- No Infringement
- Out of court White
- Deliberately kicking the ball White WA
- Out of court black
- Interference by the umpire

**26b. What is the Sanction and/or Action?**

- Throw in Black near where the ball hit the umpire
- Throw in White near where the ball hit the umpire
- Free pass White near where the ball was kicked
- Free pass Black near where the ball was kicked

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## DURING THE MATCH

*This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.*

**27. White GK and GD catch the ball in quick succession from an unsuccessful shot at goal. White GK caught the ball just before White GD and the White GD releases the ball quickly. White GK passes to the White WD outside the Goal Circle.**

**27a. What is the Infringement?**

- White GD replayed the ball
- No Infringement
- Short Pass White GK and White GD
- Incorrect playing of the ball White

**27b. What is the Sanction and/or Action?**

- Let Play Continue
- Free Pass Black where White GD took hands off the ball
- Penalty Pass Black where White GD released the ball

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## DURING THE MATCH

*This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.*

**28. White WA catches the ball and lands on both feet simultaneously. WA jumps off both feet and lands on the left foot before passing the ball.**

**28a. What is the Infringement?**

- No Infringement
- Stepping White WA

**28b. What is the Sanction and/or Action?**

- Let Play Continue
- Free Pass Black where White WA caught the ball
- Penalty Pass Black where White caught the ball

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## DURING THE MATCH

*This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.*

**29. Black WD who is defending the pass outside the Goal Circle and overbalances falling into the Goal Circle, just as White GA catches the pass and prepares to shoot for goal.**

**29a. What is the Infringement?**

- Offside Black WD
- No Infringement
- Obstruction Black WD

**29b. What is the Sanction and/or Action?**

- Let Play Continue Advantage Rule Applies
- Free Pass White inside Goal Circle
- Free Pass White where White GA caught the ball
- Free Pass White outside Goal Circle
- Penalty Pass White where Black WD obstructed

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## DURING THE MATCH

*This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.*

**30. White WD bats the ball away as it comes towards Black WA. White WD follows the ball and bounces it before gaining possession.**

**30a. What is the Infringement?**

- No Infringement
- Replayed ball White WD
- Bat, bounce and catch White WD

**30b. What is the Sanction and/or Action?**

- Let Play Continue
- Free Pass Black where White WD caught the ball
- Penalty Pass Black where White WD caught the ball

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## SANCTIONS

*This section of the exam tests your knowledge around sanctions including the types of sanctions and advantage.*

**31. Sanctions are awarded to a team. The player taking the sanction must: (select the three that apply). Drag and drop the correct three answers into the grey box below.**

For a penalty take the pass from anywhere on the court

Release the ball within 3 seconds

Take up the position indicated by the Umpire

Obey the footwork rule

Release the ball at 3 seconds

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## SANCTIONS

*This section of the exam tests your knowledge around sanctions including the types of sanctions and advantage.*

**32. Advantage can be applied during a game by the umpires, how is this communicated by the umpires. (select the three that apply). Drag and drop the correct three answers into the grey box below.**

Use the correct hand signal

Do nothing

Call advantage

Let Play Continue

State the infringement

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## GAME MANAGEMENT

*This section of the exam tests your knowledge around game management including actions that may be taken by umpires, foul play and discipline of team officials and bench players.*

**33. A decision to suspend a player is binding on the co-umpire. (True/False)** Choose ▾

True  
False

**34. A Penalty Pass will be awarded to the Black team on court when the manager of the white team has been cautioned by the umpire/s. (Yes/No)** Choose ▾

Yes  
No

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## GAME MANAGEMENT

*This section of the exam tests your knowledge around game management including actions that may be taken by umpires, foul play and discipline of team officials and bench players.*

**35. White C is suspended for rough play and during the suspension time there is an interval and White C joins the team for a team talk.**

**35a. What is the Infringement?**

- White C has to stay seated at the umpire's bench
- White C may not take part at the interval during the suspension time
- No infringement

**35b. What is the Sanction and/or Action?**

- Let Play Continue
- Advise White C to return to her seat
- Add further time to the suspension period of White C

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## GAME MANAGEMENT

*This section of the exam tests your knowledge around game management including actions that may be taken by umpires, foul play and discipline of team officials and bench players.*

**36. White C is penalised for contact in the Centre Third. White C disagrees with the decision and directs an inappropriate comment at the umpires.**

**36a. What is the Infringement?**

- Foul Play - Unfair play White C
- Misconduct - Dissent with an Umpire White C
- Misconduct - Actions contrary to good sportsmanship White C

**36b. What is the Sanction and/or Action?**

- Penalty Pass Black where White C disagreed with the Umpire's decision and the player is issued with a caution
- Penalty Pass Black where the White C disagreed with the Umpire's decision and the player is either cautioned or given an official warning. In a serious case the Umpire will suspend the player
- Penalty Pass Black which is advanced (unless the non offending team is disadvantaged) and White C is cautioned

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## SCORING A GOAL

*This section of the exam tests your knowledge around scoring a goal including; requirements for scoring a goal and taking a shot.*

**37. White GS's shot for goal is unsuccessful and the ball bounces off the ring. White GD jumps in the air and bats the ball towards White GK and the ball passes through the Goal Ring.**

**37a. What is the Infringement?**

- No Infringement
- White GD batting the ball
- No Player other than the GA/GS can score a goal

**37b. What is the Sanction and/or Action?**

- Play Continues no goal scored
- Count Goal and Let Play Continue
- Free Pass where White GD batted the ball
- Penalty Pass where White GD batted the ball

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## SCORING A GOAL

*This section of the exam tests your knowledge around scoring a goal including; requirements for scoring a goal and taking a shot.*

**38. The Black GK knocks the goalpost as the White GS shot at goal is successful.**

**38a. What is the Infringement?**

- Knocking the goalpost during a shot for goal Black GS
- Contact with the goalpost during a shot for goal Black GK
- No Infringement

**38b. What is the Sanction and/or Action?**

- Let Play Continue, Apply Advantage, Count Goal
- Award a penalty pass where GK knocked the goalpost discount the goal

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## CONTACT/OBSTRUCTION

*This section of the exam tests your knowledge around contact and obstruction including; contact and contest, interference, obstruction of a player in possession of the ball, obstruction of a player not in possession of the ball, defence involving a player outside the court.*

**39. White GS catches the ball in the Goal Circle. Black C standing outside the Goal Circle leans over and accidentally pushes the White GS who drops the ball. White GS picks up the ball and unsuccessfully shoots for Goal.**

**39a. What is the Infringement?**

- No Infringement
- Contact Black C
- Replayed Ball White GS

**39b. What is the Sanction and/or Action?**

- Penalty Pass White inside Goal Circle
- Penalty Pass White outside Goal Circle
- Free Pass Black inside Goal Circle
- Free Pass Black outside Goal Circle
- Let Play Continue

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## CONTACT/OBSTRUCTION

*This section of the exam tests your knowledge around contact and obstruction including; contact and contest, interference, obstruction of a player in possession of the ball, obstruction of a player not in possession of the ball, defence involving a player outside the court.*

**40. White GS jumps to receive a rebound. Black GK moves into the position where White GS needs to land.**

**40a. What is the Infringement?**

- No Infringement
- Contact White GS
- Contact Black GK

**40b. What is the Sanction and/or Action?**

- Let Play continue
- Award a Free Pass to White where Black GK moved into White GS's landing space
- Award a Penalty Pass to White where Black GK moved into White GS's landing space
- Penalty Pass Black where White GS landed on Black GK

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## CONTACT/OBSTRUCTION

*This section of the exam tests your knowledge around contact and obstruction including; contact and contest, interference, obstruction of a player in possession of the ball, obstruction of a player not in possession of the ball, defence involving a player outside the court.*

**41. White GA shoots for goal. Black GD standing 0.6m from the nearer foot of the GA stands watching the goalpost, making no attempt to defend.**

**41a. What is the Infringement?**

- No Infringement
- Interfering with the White GA shot at goal
- Obstruction Black GD

**41b. What is the Sanction and/or Action?**

- Penalty Pass White where Black GD was standing
- Free Pass White where Black GD was standing
- Let Play continue

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## UMPIRE HAND SIGNALS

*This section of the exam tests your knowledge of the hand signals used to support the decisions made while officiating the game of netball.*

**42. Drag and drop correct hand signal into the boxes below.**

Short Pass	Goal Not Scored	Advantage	Stepping	Incorrect Playing of the Ball
Footwork	Hold Time	Direction of Pass	Official Warning	
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>



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## UMPIRE HAND SIGNALS

*This section of the exam tests your knowledge of the hand signals used to support the decisions made while officiating the game of netball.*

**42. Drag and drop correct hand signal into the boxes below.**

Short Pass	Direction of Pass	Advantage	Stepping	Incorrect Playing of the Ball
Intimidation	Official Warning	Goal Not Scored	Hold Time	



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## UMPIRE HAND SIGNALS

*This section of the exam tests your knowledge of the hand signals used to support the decisions made while officiating the game of netball.*

**42. Drag and drop correct hand signal into the boxes below.**

Footwork	Stepping	Direction of Pass	Short Pass	Ball Over a Third
Goal Not Scored	Incorrect Playing of the Ball	Advantage	Intimidation	



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END OF THE EXAM

You have reached the end of this exam.



**KEEP  
CALM  
AND  
GOOD  
LUCK**

Page 35

END OF THE EXAM

You have reached the end of this exam.



ttting  
xam

0:00 / 0:26



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