
Balance is Better: Priorities 2024



1. ENCOURAGE VARIETY

“Encourage and support young people to have a variety of experiences.”

- » Does our Netball system and structure allow for young people to play multiple sports?
- » Does our community Netball season fall within the allocated winter season [May – Sept]?
- » Have you considered shorter playing blocks (for example, 6 weeks rather than 17 weeks) to enable more participants to have more choice?



2. BOLD AND COURAGEOUS LEADERSHIP

“Bold and courageous leadership at national, regional and local levels is required to design and deliver quality youth sport participation and development opportunities.”

- » Do we supply and share resources, our policies and Balance is Better messaging?
- » Does our Centre provide educational opportunities for our community? E.g., NetballSmart parent, coach, or umpire workshops.
- » Have we considered hosting or promoting GoodSports programme?



3. TALENT IDENTIFICATION OCCURS LATER

“Talent Identification should occur later in young people’s development; reviewing the role and nature of national and regional representative selections and tournaments is an important step in ensuring elite sport attitudes and practices are introduced at developmentally appropriate times.”

- » Does talent identification later in a young person’s development? For example, player development programmes are open to all players from year 7 to year 10.
- » Do we encourage our coaches to be aware of players training load?

For more information, please contact NNZ Participation Manager:
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