

NETBALL ZONE THEORY EXAM

August 2017



Time Allowed: 90 minutes

PLEASE READ THESE CAREFULLY BEFORE STARTING THE TEST

1. Teams are referred to as Black and White.
2. Read all questions carefully.
3. Answer only what is clear and concise
4. **PLEASE NOTE: In some questions there are multiple correct answers.**

- THERE ARE 45 QUESTIONS and a total of **80 marks** available.
- **You must gain 68 marks (85%) in order to pass.**



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TECHNICAL SPECIFICATIONS

This section of the exam, tests your knowledge of the court, it's related areas, the goal posts, and the ball.

1. What is the length of the sideline?

- 30.5m (100ft)
- 3.50m (11.48ft)
- 3.25m (10.66ft)

2. What is the weight of the ball?

- 350-400g(12-14oz)
- 400-450g (14-16oz)
- 450-500g(16-19oz)

3. What is the name of the two shorter lines at the end of the court?

- Base Lines
- Goal Lines
- Transverse Lines

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MATCH PERSONNEL

This section of the exam tests your knowledge around the team, match officials and technical officials.

4. How many Timekeepers are there in a match?

- 2
- 3
- 4

5. When do the Umpires toss for goal ends?

- After the captains have notified the result of the toss for goal ends or first centre pass
- Before the start of play
- When the teams have taken the court

6. Who may the umpires make a request to, to speak to an on court player?

- Coach
- Captain
- Manager

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MATCH PERSONNEL

This section of the exam tests your knowledge around the team, match officials and technical officials.

**7. A team may have up to 5 team officials. Which two are specified in the Rule Book?
Drag and drop the correct two answers into the grey box below.**

Masseuse

Captain

Coach

Manager

Primary Care
Person

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MATCH PERSONNEL

This section of the exam tests your knowledge around the team, match officials and technical officials.

8. Who are the match officials?

Drag and drop the correct two answers into the grey box below.

Timekeepers

Reserve
Umpire

Two Umpires

Manager

Scorers

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MATCH PERSONNEL

This section of the exam tests your knowledge around the team, match officials and technical officials.

9. The Role of the Reserve Umpire is to: (select the three that apply).

Drag and drop the correct three answers into the grey box below.

Assist the umpires with any procedures prior to the match or during intervals.

Supervise a suspended player during the suspension period.

Inform the bench officials of team changes.

Stands at the umpires bench during a match.

Replace an umpire who becomes ill/injured during a match.

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MATCH PERSONNEL

This section of the exam tests your knowledge around the team, match officials and technical officials.

**10. During a match all players must wear: (select the three that apply).
Drag and drop the correct three answers into the grey box below.**

Wedding ring

Suitable sports
footwear

Playing
position initials

Medical alert
bracelet

A registered
playing uniform



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DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.

11. White GS shoots unsuccessfully for goal. The ball rebounds off the goalpost before White GS catches the ball. What action would the Umpire take?

- Let Play continue
- Free Pass Black where White GS caught the ball
- Free Pass Black where White GS shot for goal
- Penalty Pass Black where White GS caught the ball.

12. White GK catches the ball just before White GD after an unsuccessful shot for goal. White GD quickly releases the ball and White GK passes to White C. What action would the Umpire take?

- Free Pass Black where White GD caught the ball
- Free Pass Black where White GK and White GD caught the ball
- Let play continue
- Free Pass Black where White GD passed the ball to White C

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DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.

13. White WA and Black C are both contesting a loose ball that is rolling along the ground. White WA deliberately kicks the ball and it goes out of court and hits the Umpire.

13a. What is the Infringement?

- No Infringement
- Out of court White
- Deliberately kicking the ball White WA
- Out of court black
- Interference by the umpire

13b. What is the Sanction and/or Action?

- Throw in Black near where the ball hit the umpire
- Throw in White near where the ball hit the umpire
- Free pass White near where the ball was kicked
- Free pass Black near where the ball was kicked

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DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.

14. Substitutions and team changes can happen when play is stopped for injury/illness (True/False)

True
False

15. A late player can enter the court as soon as they arrive at the game. (True/False)

True
False

16. The WA arrives late and the team are playing with 6 players with the WA position filled and the WD position left vacant. After a goal has been scored, the late player can move into the WA position with the WA on court moving to the WD position. (True/False)

True
False

17. The coach is allowed to call for a stoppage when a player is injured (True/False)

True
False

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DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.

18. A player may roll the ball to herself to gain possession. (True/False)

19. Only the primary care person/s are permitted on the court to assist the player from the court. (True/False)

20. The Umpire can hold time or extend an interval if appropriate (True/False)

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DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.

21. The ball is loose on the ground outside the Goal Circle. Black WA rolls the ball to her GA who shoots successfully for Goal.

21a. What is the Infringement?

- Rolling the ball to another player, Black WA
- Replayed Ball Black WA
- No Infringement

21b. What is the Sanction and/or Action?

- Let Play Continue
- Free Pass White where Black WA rolled the ball to Black GA, discount Goal
- Free Pass White where Black GS shot for goal

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DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.

22. White C and Black C simultaneously go offside into the goal circle as White GA catches the ball close to the goal post.

22a. What is the Infringement?

- No Infringement
- Simultaneous Offside Black C and White C ball not involved
- Simultaneous Offside Black C and White C ball involved

22b. What is the Sanction and/or Action?

- Toss Up Outside Goal Circle White C and Black C
- Let Play Continue
- Toss Up inside Goal Circle by two players allowed in Goal Circle

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DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.

23. White WA catches the ball and lands on both feet simultaneously. White WA jumps off both feet and before landing on the left foot passes the ball.

23a. What is the Infringement?

- No Infringement
- Footwork White WA

23b. What is the Sanction and/or Action?

- Let Play Continue
- Free Pass Black where White WA caught the ball
- Penalty Pass Black where White caught the ball

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DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.

24. White GK defending correctly makes it difficult for the Black GA to pass the ball. At three seconds Black GA passes the ball to Black C.

24a. What is the Infringement?

- No Infringement
- Held Ball, Black GA
- White GK must allow Black GA to pass the ball

24b. What is the Sanction and/or Action?

- Let Play Continue
- Free Pass White where Black GA held the ball
- Penalty Pass Black where White GK made it difficult for Black GA to pass the ball

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SCORING A GOAL

This section of the exam tests your knowledge around scoring a goal including; requirements for scoring a goal and taking a shot.

25. White GA's shot at goal is deflected by the Black GK defending from the correct distance. The ball passes above and completely through the ring.

25a. What is the Infringement?

- No Infringement
- A goal cannot be scored by a deflection from Black GK
- Obstruction by Black GK

25b. What is the Sanction and/or Action?

- Let Play Continue, count goal
- Penalty Pass White where White GA shot for goal
- Penalty Pass Black from where White shot for goal
- Free Pass White where White shot for goal
- Penalty Pass White where Black GK was defending

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SCORING A GOAL

This section of the exam tests your knowledge around scoring a goal including; requirements for scoring a goal and taking a shot.

26. White GA catches the ball and lands on her right foot outside the Goal Circle. White GA steps into the Goal Circle on her left foot and shoots successfully for Goal.

26a. What is the Infringement?

- Shooting for goal while having contact with the ground outside the Goal Circle White GA
- Footwork White GA
- No Infringement

26b. What is the Sanction and/or Action?

- Free Pass inside the Goal Circle Black, where White GA shot for Goal, discount goal
- Free Pass outside the Goal Circle Black, discount goal
- Let Play Continue Count Goal
- Free Pass inside the Goal Circle Black, where White GA stepped, discount goal

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SCORING A GOAL

This section of the exam tests your knowledge around scoring a goal including; requirements for scoring a goal and taking a shot.

27. The White GK knocks the goalpost as the Black GS's shot at goal is successful. What should the Umpire do?

- Count Goal, advantage rule applies
- Award a penalty pass to Black where White GK knocked the goalpost
- Discount the goal

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GAME MANAGEMENT

This section of the exam tests your knowledge around game management including actions that may be taken by umpires, foul play and discipline of team officials and bench players.

28. Black C is suspended for rough play and during the suspension time there is an interval and Black C joins the team for a team talk.

28a. What is the Infringement?

- The player has to stay seated at the umpires' bench
- No infringement. The player may take part in the team talk during the suspension period

28b. What is the Sanction and/or Action?

- Advise Black C to return to her seat at the umpires bench
- Take no action

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GAME MANAGEMENT

This section of the exam tests your knowledge around game management including actions that may be taken by umpires, foul play and discipline of team officials and bench players.

29. White GK defending from the correct distance, waves her hand in front of Black GA's eyes making it difficult for Black GA to see the Goalpost.

29a. What is the Infringement?

- No infringement
- Intentional Intimidation White GK
- Obstruction White GK

29b. What is the Sanction/Action?

- Penalty Pass Black and White GK is cautioned
- Penalty Pass Black where White GK was obstructing
- Let Play Continue

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GAME MANAGEMENT

This section of the exam tests your knowledge around game management including actions that may be taken by umpires, foul play and discipline of team officials and bench players.

30. White C is penalised for contact in the Centre Third. White C disagrees with the decision and directs an inappropriate comment at the umpires.

30a. What is the Infringement?

- Foul Play - Unfair play White C
- Misconduct - Dissent with an Umpire White C
- Misconduct - Actions contrary to good sportsmanship White C

30b. What is the Sanction and/or Action?

- Penalty Pass Black where White C disagreed with the Umpire's decision and the player is issued with a caution or an official warning
- Penalty Pass Black which is advanced

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GAME MANAGEMENT

This section of the exam tests your knowledge around game management including actions that may be taken by umpires, foul play and discipline of team officials and bench players.

31. A player who is suspended takes no part in play for 2 minutes. (True/False) Choose ▾

True
False

32. A player who is suspended must report to the Score Bench. (True/False) Choose ▾

True
False

33. A warning issued by one Umpire is not binding on the other Umpire. (True/False) Choose ▾

True
False

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MATCH PERSONNEL AND PROCEDURES

This section of the exam tests your knowledge around umpire and team official procedures.

34. Coaching can occur at the Side Line during any stoppage (True/False) Choose ▼
True
False

35. Both Umpires indicate the direction of play after a goal is scored (True/False) Choose ▼
True
False

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SANCTIONS

This section of the exam tests your knowledge around sanctions including the types of sanctions and advantage.

36. White C is penalised for Contact in Black's Goal Third. White C verbally instructs White GK to move to defend the next pass. What action would the Umpire take?

- Let Play Continue
- Penalty Pass Black where the original penalty was awarded
- Free Pass Black closer to the edge of the Goal Circle
- Free Pass Black where the original penalty was awarded

37. All sanctions are awarded to a team (True/False) Choose ▼
True
False

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CONTACT/OBSTRUCTION

This section of the exam tests your knowledge around contact and obstruction including; contact and contest, interference, obstruction of a player in possession of the ball, obstruction of a player not in possession of the ball, defence involving a player outside the court.

38. Black GA jumps to receive a rebound. White GD moves into the position where Black GA needs to land.

38a. What is the Infringement?

- Moving into the path of an opponent who is committed to a landing space White GD
- Landing on a player who is moving into the landing space, Black GA
- No Infringement
- Simultaneously Contact, White GD/Black GA

38b. What is the Sanction and/or Action?

- Let Play continue
- Penalty Pass Black where White GD moved into Black GA landing space
- Toss Up between both players in the goal circle

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CONTACT/OBSTRUCTION

This section of the exam tests your knowledge around contact and obstruction including; contact and contest, interference, obstruction of a player in possession of the ball, obstruction of a player not in possession of the ball, defence involving a player outside the court.

39. White GA shoots for goal. Black GD standing 0.6m from the grounded foot of the White GA stands watching the goalpost, making no attempt to defend.

39a. What is the Infringement?

- No Infringement
- Interfering with the shot at goal, Black GD
- Obstruction Black GD

39b. What is the Sanction and/or Action?

- Penalty Pass White where Black GD was standing
- Free Pass White where Black GD was standing
- Let Play continue

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CONTACT/OBSTRUCTION

This section of the exam tests your knowledge around contact and obstruction including; contact and contest, interference, obstruction of a player in possession of the ball, obstruction of a player not in possession of the ball, defence involving a player outside the court.

40. White GD defends Black GS from 0.9m with one foot out of Court. Black GS shoots successfully for goal.

40a. What is the Infringement?

- No Infringement
- Obstruction White GD
- Defending from out of court White GD

40b. What is the Sanction/Action?

- Let Play continue, count goal
- Penalty Pass Black on court close to where White GD was defending
- Let Play Continue - count goal – advantage rule applies

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PROTOCOLS

This section of the exam, tests your knowledge of the games protocols.

41. Describe the type of whistle an Umpire would use in the following situations:

41a. 10 second warning prior to the start of play

- long whistle
- medium whistle
- medium whistle roll
- long whistle roll

41b. Re-Start of play following a goal being scored

- long whistle
- medium whistle
- medium whistle roll
- long whistle roll

41c. End of game

- long whistle
- medium whistle
- medium whistle roll
- long whistle roll

41d. 30 second warning prior to start of play

- long whistle
- medium whistle
- medium whistle roll
- long whistle roll

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STARTING PLAY

This section of the exam tests your knowledge of the rules at the start of play and during the match.

42. Determine whether each image correctly demonstrates conditions for controlling the centre pass.

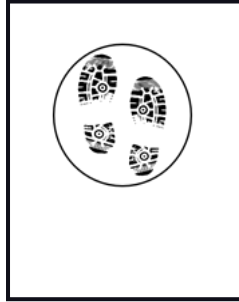
(a)

- Correct
- Not Correct



(b)

- Correct
- Not Correct



(c)

- Correct
- Not Correct

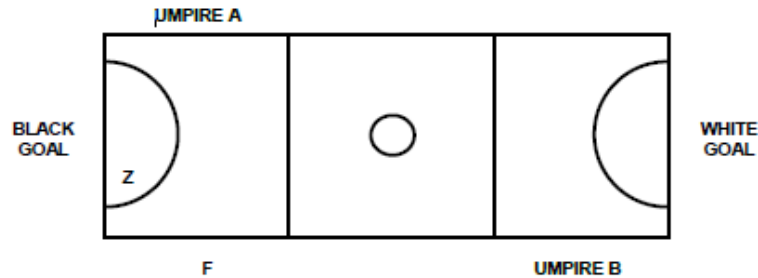


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MATCH PERSONNEL AND PROCEDURES

This section of the exam tests your knowledge around umpire and team official procedures.

Refer to the diagram below for questions 43 and 44



43. Black has the first Centre Pass at the start of a game.

43a. Which Umpire starts play?

- Umpire A
- Umpire B

43b. Which Umpire would take a Toss Up at Point Z?

- Umpire A
- Umpire B

44. White scores the first goal. Which Umpire is responsible for the following?

44a. Restarting play?

- Umpire A
- Umpire B

44b. Ruling out of Court at Point F?

- Umpire A
- Umpire B

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UMPIRE HAND SIGNALS

This section of the exam tests your knowledge of the hand signals used to support the decisions made while officiating the game of netball.

45. Drag and drop correct hand signal into the boxes below.

Short Pass

Goal Not Scored

Advantage

Stepping

Incorrect Playing
of the Ball

Footwork

Hold Time

Direction of Pass

Official Warning



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UMPIRE HAND SIGNALS

This section of the exam tests your knowledge of the hand signals used to support the decisions made while officiating the game of netball.

45. Drag and drop correct hand signal into the boxes below.

Short Pass

Direction of Pass

Advantage

Stepping

Incorrect Playing
of the Ball

Intimidation

Official Warning

Goal Not Scored

Hold Time



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UMPIRE HAND SIGNALS

This section of the exam tests your knowledge of the hand signals used to support the decisions made while officiating the game of netball.

45. Drag and drop correct hand signal into the boxes below.

Footwork

Stepping

Direction of Pass

Short Pass

Ball Over a Third

Goal Not Scored

Incorrect Playing
of the Ball

Advantage

Intimidation



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END OF THE EXAM

You have reached the end of this exam.



**KEEP
CALM
AND
GOOD
LUCK**

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END OF THE EXAM

You have reached the end of this exam.

